

# 3/11/10 Chronic Disease Gap Analysis

**DRAFT**

RESOURCE	WHAT WE NEED	WHY WE NEED IT	EASE	IMPACT	TOTAL
<b>Asthma</b>					
<b>Tier 1</b>					
Community Programs	Currently exists. Asthma task force already identified needs including support groups, clinical care/guidelines, patient education, for adults and children w/Maine Health.		5	5	10
Support Groups	Adult and pediatric support group.	Feedback to providers, increase asthma management, reduce emergency room visits. In Cumberland County, data shows zero readmissions for asthma.	3	5	8
<b>BP/cholesterol screenings</b>					
<b>Tier 2</b>					
Outreach	Mobile Public Health units (ie. van) around chronic disease with peer component.	Increase outreach and numbers.	1	5	6
<b>Cancer</b>					
<b>Tier 3</b>					
Support Groups	Male oriented general cancer group that involves action-oriented activities.	Unserviced group as indicated by data. Lack of data about utilization of online support.	2	2	4
Support Groups	Children with cancer group.	Unserviced group as indicated by data.	2	2	4
Support Groups	Parents of a child with cancer.	Unserviced group as indicated by data.	2	2	4
Support Groups	Children impacted by the cancer of a significant other.	Unserviced group as indicated by data.	2	2	4
Community Programs	Well covered.		0	0	0

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<b><i>Chronic Care Managers</i></b>					
<b><i>Tier 1</i></b>					
Outreach	Promote Richmond Area Health Center.		5	4	9
<b><i>Tier 2</i></b>					
Outreach	Expand patient navigators to other diseases besides cancer. Address barriers such language and disabilities. Peer based. Strategy to overlay health educators.		3	4	7
Outreach	Expand chronic care services.	Increase access to services, decrease acute episodes.	2	4	6
Outreach	Provider-based care managers.	Raise awareness and understand cost/benefit.	2	4	6
Outreach	Non-provider-based chronic care management.		0	5	5
Outreach	Develop a Federally Qualified Health Center..		0	5	5
<b><i>Chronic Disease General</i></b>					
<b><i>Tier 1</i></b>					
Support Groups	Wellness focused, living better.	Not on list.	3	5	8
<b><i>Culturally and linguistically appropriate services</i></b>					
<b><i>Tier 2</i></b>					
Access	Consultation to the organizations that offer health services; for example, cultural competence training.	To invite appropriate patient dialog.	3	4	7
Access	Raise awareness and role of interpreter.	To invite appropriate patient dialog.	3	2	5

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<b>Diabetes</b>					
<b>Tier 1</b>					
Support Groups	Children's support group (school based?).	Does not exist.	4	5	9
Support Groups	Adult support group.	Does not exist.	4	5	9
Support Groups	Older adults.	Does not exist.	4	5	9
Support Groups	Teens.	Does not exist.	4	5	9
Community Programs	Currently exists. Better marketing of existing programs to patients and physicians and nurses.	To increase attendance, hospital sustainability.	4	5	9
<b>Tier 2</b>					
Support Groups	Increase support groups.	Limited support after classes.	2	5	7
<b>Diabetes Risk Screening</b>					
<b>Tier 1</b>					
Outreach	Integration of screening tool into existing screening events, K-12.		3	5	8
<b>Tier 2</b>					
Outreach	Expanding existing in-home screening opportunities.		2	5	7
Outreach	Mobile units, investigate existing resources.		1	5	6
<b>Direct care</b>					
<b>Tier 1</b>					
Access	Low income access, ie, OASIS Clinic.	Reduce emergency room visits.	3	5	8
<b>Tier 2</b>					
Access	Prescription affordability and lack of insurance coverage.	Unmanaged illness.	2	5	7
<b>Financial Assistance</b>					
<b>Tier 2</b>					
Access	Traveling DHHS workers who go to those in need.	Complex process now, have to go to Portland, weeks of waiting.	2	5	7

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<b><i>Health Insurance Coverage</i></b>					
<b><i>Tier 2</i></b>					
Access	Increase free clinics.	Increase access.	2	5	7
Access	Basic prevention coverage for 100% of population.	Reduce overall healthcare costs.	2	5	7
Access	Help with out-of-pocket cost sharing.	Increase access.	2	4	6
Access	Increase primary care providers and dentists.	Increase access.	2	3	5
Access	Increase loanforgiveness for new providers?		2	3	5
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<b><i>Heart Disease</i></b>					
<b><i>Tier 1</i></b>					
Community Programs	Investigate linking patients to local cardiac rehab, if seen at other hospitals.	Access and convenience.	5	5	10
Community Programs	Investigate further needs for support groups.		5	3	8
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<b><i>Heart Disease/Stroke</i></b>					
<b><i>Tier 2</i></b>					
Support Groups	Stroke support group for families, friends, and those affected.	Does not exist, only one is for those with speech challenges.	3	4	7
Support Groups	Heart disease, wellness focused, for example preparing healthy meals.		3	4	7
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<b><i>Independent Living</i></b>					
<b><i>Tier 3</i></b>					
Community Programs	Well covered.		0	0	0
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<b><i>Nutrition</i></b>					
<b><i>Tier 2</i></b>					
Community Programs	Increased marketing of program and need to identify barriers to participation.		2	4	6

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<b><i>Physical Activity Opportunities</i></b>					
<b><i>Tier 1</i></b>					
Community Programs	Physical Activity Guide exists. ACCESS Health updating to include additional information such as hiking groups, paddling, running, etc.		5	5	10
Outreach	Senior walking program exists. Expand to other age groups and other populations		4	5	9
<b><i>Resource Libraries</i></b>					
<b><i>Tier 2</i></b>					
Outreach	Assess community need for traditional resource libraries, how are people accessing info?		3	4	7
<b><i>Tier 3</i></b>					
Outreach	Increase opportunities for computer literacy		2	2	4
Outreach	Expanding Community Health Information Program.		2	2	4
<b><i>Services in accordance with the Americans with Disabilities Act</i></b>					
<b><i>Tier 2</i></b>					
Access	Survey people affected.		4	3	7
<b><i>Tier 3</i></b>					
Access	Raise public awareness.		2	2	4
Access	Increase public service announcements.		2	2	4

<b>RESOURCE</b>	<b>WHAT WE NEED</b>	<b>WHY WE NEED IT</b>	<b>EASE IMPACT</b>		<b>TOTAL</b>
<b><i>Substance Abuse</i></b>					
<b><i>Tier 1</i></b>					
Support Groups	Adult, and childrens, and teens group, wellness focused.	Although al-anon and al-ateen are in place, perhaps we need a different approach, or more programs.	5	5	10
<b><i>Tier 2</i></b>					
Support Groups	Children/teens w/substance use/abuse issues.	High risk.	1	5	6
Support Groups	Elders.	High risk. Is data available?	1	5	6
Support Groups	Families with children/teens addicted.	Youth rates are high in Sagadahoc County.	1	5	6
Community Programs	Inpatient services for youth.	Significant lack of existing services.	0	5	5
<b><i>Tobacco Cessation</i></b>					
<b><i>Tier 2</i></b>					
Support Groups	More support groups.	Move along continuum of change, people more receptive to peer to peer interaction.	3	3	6
<b><i>Transportation</i></b>					
<b><i>Tier 1</i></b>					
Access	Link to Midcoast Transportation Taskforce through the District Coordinating Council, and the Transportation Collaborative through People Plus.		5	4	9
Access	Expand and coordinate dispatch service to coordinate needs and timing.		5	4	9
Access	Create a volunteer network.		5	4	9